

DRUG & ALCOHOL ABUSE PREVENTION COMMITTEE MINUTES

MEETING DATE:	MEETING TIME:	MEETING LOCATION:
November 7, 2023	2:00 pm	Athletics Conference Room
MEETING CALLED BY:	Sarah Patterson, Chair	
RECORDER:	Maria Juarez	
ATTENDEES:	Deron Clark, Amy Coombes, Cyndi Stephenson, Dereka Addis, Eric Garcia, Dianne Marquez, Mari McCoy, and Dennis Kelly	
GUESTS:	Dr. Derek Moore, President; David E. Buckingham, Vice President for Student Services	

AGENDA TOPIC:	PRESENTED BY:	
Special Guest	Dr. Derek Moore, President	
DISCUSSION	<p>Dr. Derek Moore mentioned several standing committees do not have scheduled meetings and wishes this would change to accommodate scheduling and attendance needs.</p> <p>He focused on addressing the drug and alcohol abuse among student-athletes on our campus. He wants the committee to address the problem and discuss using resources, including the newly initiated Residential Housing Association (RHA)</p>	
CONCLUSIONS	The issue of drug and alcohol abuse among students needs to be addressed proactively.	
ACTION ITEMS	PERSON(S) RESPONSIBLE	DEADLINE
1. Proactive approach in scheduling meetings	Standing Committees	Plan to schedule in advance.
2. Approach the Residential Housing Association and use other community resources.	Standing Committee	There next meeting.

AGENDA TOPIC:	PRESENTED BY:	
Call to Order/Welcome	Sarah Patterson	
DISCUSSION	Sarah Patterson thanked everyone for attending the Drug and Alcohol Abuse Prevention Committee meeting. She introduced new members Mari McCoy, Dereka Addis, and Cyndi Stephenson.	
CONCLUSIONS	The committee consists of members from different departments across campus and has been formed to address campus Drug and Alcohol issues and try to minimize and prevent use.	
ACTION ITEMS	PERSON(S) RESPONSIBLE	DEADLINE

1. N/A		
--------	--	--

AGENDA TOPIC:		PRESENTED BY:	
Review Climate Survey Results from Spring		Sarah Patterson	
DISCUSSION	<p>Sarah reviewed the climate survey results from 2023.</p> <ul style="list-style-type: none"> • SP 2023 – 91 participants, 22 less than Spring 2022 • Less Residents participated which means less athletes participated • Good representation between Freshman, Sophomore, and Early College • Almost 62% response from 18-24-year old's, good distribution • 80% female participation • Almost 98% knew we had an alcohol & drug policy • 78% think we are concerned • 80% listed '0' to the average # of drinks consumed weekly, with only 2.17% who have consumed over 6 drinks • Does the social atmosphere on campus promote alcohol use – 94% said no • Does the social atmosphere on campus promote drug use - almost 97% said no • Feel safe on campus – almost 98% said yes • Comments/Discussion – get more residents & athletes to participate especially males, continue to do the survey to gives us a baseline and comparison from year to year <p>Discussion was held on how to increase participation and try to include RHA more. Sarah suggested that we include a student member to the committee, maybe an RHA officer or a student-athlete.</p>		
CONCLUSIONS	<p>Encouraging greater participation in the Spring 2024 online survey from student-athletes, residents, and commuters is essential. Continue to administer survey every Spring semester.</p>		
ACTION ITEMS	PERSON(S) RESPONSIBLE	DEADLINE	
1. Invite RHA student to be on committee	Eric Garcia	RHA next meeting	
2. Send the survey to club advisors and members	Sarah Patterson	Before Spring Break	
3. Students take the survey	Sarah Patterson	Spring 2024	

AGENDA TOPIC:		PRESENTED BY:	
Review Current 2022-2024 Goals		Sarah Patterson	
DISCUSSION	<p>Conversation was held on the goals set for the 2022 to 2024 biennial report.</p> <ul style="list-style-type: none"> • Keep administering the drug and alcohol climate survey each Spring to establish a baseline and track improvement as a campus as a whole. • Increase the number of student and employee educational and prevention activities on campus. 		

	<ul style="list-style-type: none"> Add employee resources to the Human Resources and Alcohol and Drug Prevention website from the Behavioral Health Services resources for employees. 	
CONCLUSIONS	Continue working on goals for the 2022 to 2024 bi-annual report.	
ACTION ITEMS	PERSON(S) RESPONSIBLE	DEADLINE
1. Increase educational and prevention activities	Mari McCoy	Throughout the year
2. Keep administering the Drug & Alcohol Climate Survey	Sarah Patterson	Yearly in Spring

AGENDA TOPIC:	PRESENTED BY:
Educational Programming	Mari McCoy
DISCUSSION	<p>Mari McCoy reviewed prior years efforts compared to what educational programming has been done or will happen:</p> <p>Fall 2022</p> <p>"Red Ribbon Week", October 27, 2022, Student Activities (Game Room) / Housing - Students gathered to learn and spread alcohol awareness with mocktails, drunk goggles, and an obstacle course.</p> <p>Spring 2023</p> <p>"Spa Night", Saturday, April 29, 2023, Housing/Student Activities - Spa Night is to encourage a de-stress night for finals with mocktails and facials</p> <ul style="list-style-type: none"> Destress event for finals "Kit" with drink/glasses to show actual drink sizes in ounces Provide students with mocktails Facials and nail painting <p>Fall 2023</p> <p>"Pizza & Painting", Tuesday, October 12, 2023, BAC Student Lounge, Student Activities – Invited Bobby Clark to instruct painting event</p> <p>Sober and educational version of "Sip and Paint" events.</p> <ul style="list-style-type: none"> Sparkly Grape juice Champaign glasses Discussed safe alcohol consumption They ate pizza and had instructor led painting Engaged in fun activity and were able to take home complete art work or finish art work in Game Room after event in days to follow. <p>"Red Ribbon Week", October 23 – 26, 2023, Terri Holloman, Richard Miller, Rachel Janzen, Bobby Clark and Mascot, Arresting Security Officers: Felts, Duran, and Garcia</p> <p>Faculty & Staff "detainment" to bring awareness to drug and alcohol abuse</p> <ul style="list-style-type: none"> Each day, a member of NMJC was "detained" for a "silly" reason in the middle of class or public setting (such as lunch time.)

- This was live streamed on Instagram and a bail was set for them.
- "Bail" was a ticket for a drawing that was for various prizes.
- This event was to raise awareness that drugs and alcohol can ruin your life, and everyone finds out about it – and news spreads like wildfire.

Upcoming: "Casino Night", Tuesday, November 7, 2023, BAC Student Life, Student Activities & Housing/RHA

Provide information and statistics related to Alcoholism and Gambling and their correlation. Having access to treatment and the providers available in our area.

- Fun event with alcohol free event
- Snacks & sodas/Gatorade/water
- No monetary entry required
- Large student body involvement

Upcoming: RHA "SPA Night", Monday, November 27, 2023, At Housing – Student Life Assisted

Virgin drinks to be served to attendees such as: mimosas

- Facials
- Painting nails
- Etc.

Amy Coombes provided a report regarding the level of employee awareness. Employees were informed about the available behavioral health resources. The employee handbook is being updated with a link to Timely Care. Kelly and her team have added the link to the website's carousel.

Sarah suggested contacting RHA for additional student activities and providing information with links for Awareness. Previously, handouts that included information on blood alcohol levels, particularly after drinking mocktails and using beer goggles were distributed and discussed. It would be great to do that again.

Dereka suggested a person from Dove Tree Ranch in Lubbock who is knowledgeable about drug and alcohol issues and is in the Lea County Health Council. He expressed interest in discussing these issues with our committee and could provide valuable insights and statistics. I could reach out to him for more information or relevant programs. Dennis Kelley suggested bringing a speaker from the Community Drug Coalition. Eric Garcia shared they provide the Narcan for Housing. Dennis asked if he could get more cans of Narcan

CONCLUSIONS

Continue to raise Drug & Alcohol awareness among students and employees through activities, websites, resources, etc.

ACTION ITEMS	PERSON(S) RESPONSIBLE	DEADLINE
1. Student Awareness	Student Activities	Each semester
2. Employee Awareness	Human Resources	Yearly
3. Narcan Supply	Eric Garcia	December 31, 2023
4. Lea County Health Council and Community Drug Coalition speakers	Student Activities/Dereka	December 31, 2023

AGENDA TOPIC:		PRESENTED BY:	
Current Violations Numbers		Sarah Patterson	
DISCUSSION	<p>Summary of Fall violations in the past years.</p> <ul style="list-style-type: none"> • Fall 2019 - 37 violations/26 responsible, all alcohol/6 not athletes - more residents • Fall 2020 - 5 violations/5 responsible, all alcohol/all athletes/all residents – decrease due to COVID 19 year with restrictions • Fall 2021 – 17 violations/14 responsible, all alcohol/all athletes/all residents -still had visitation restrictions • Fall 2022 – 38 violations/24 responsible, 6 drugs/5 not residents/2 not students/21 not athletes • Fall 2023 – 32 violations/29 responsible, 2 drugs/one today non-athlete/26 are athletes/ 3 big parties <p>Deron Clark asked for a comparison between the number of violations committed by sophomores and freshmen, as well as new and returning students.</p>		
CONCLUSIONS	Awareness and enforcement of violation policies.		
ACTION ITEMS	PERSON(S) RESPONSIBLE	DEADLINE	
1. Awareness policies	Standing Committee	Each Semester	
2. Comparison of sophomore/freshman & new/returning	Dean of Students	After Fall semester	

AGENDA TOPIC:		PRESENTED BY:	
Proactive Steps		Sarah Patterson	
DISCUSSION	<p>Sarah discussed some of the proactive measures to take. She proposed to send out Safe College training to all the athletes. This will educate them about the harmful effects of alcohol and drugs on their body. It may help them understand the impact of their actions and make healthier choices. The training will be proactive and educational and could potentially prevent future incidents. Some athletes have already completed similar training, but it would be beneficial to refresh their knowledge and reinforce the importance of making safe choices.</p> <p>Attend RHA and SGA meetings to get some ideas.</p> <p>Dereka will gather statistics from the Coalition. Maybe discuss activities we can organize on campus and acquire some Narcan.</p> <p>David Buckingham suggested organizing corn hole tournaments to keep athletes and students engaged until we get the HUB and intramurals and partner with the CORE.</p> <p>The next meeting is scheduled for February 6, 2023, at 2:00 PM. The meeting was adjourned at 3:12 PM.</p>		
CONCLUSIONS	Concentrate on educating all student-athletes prior to a violation happening to be proactive.		
ACTION ITEMS	PERSON(S) RESPONSIBLE	DEADLINE	

1. Set up training program in Safe Colleges.	Dean of Students	ASAP
2. Get coaches involved to have student-athletes complete training prior to registering for Spring.	Athletic Director	After training is applied to student-athletes.

AGENDA TOPIC:		PRESENTED BY:	
Supposition		Sarah Patterson	
DISCUSSION	Sarah asked for any final discussion items. The next meeting was scheduled for February 6, 2024 at 2:pm. The meeting was adjourned.		
CONCLUSIONS	N/A		
ACTION ITEMS	PERSON(S) RESPONSIBLE	DEADLINE	
1. Send a new meeting invite for next meeting.	Executive Assistant to the VP	January 12, 2024	
2.			