

Drug & Alcohol Abuse Prevention Committee

MINUTES

MEETING DATE:	MEETING TIME:	MEETING LOCATION:
8/9/2024	10:00 AM – 11:00 AM	BAC 153
MEETING CALLED BY:	Sarah Edelbrock, Dean of Students	
RECORDER:	Richelle Garcia, EA to the VP for Student Services	
ATTENDEES:	Dean Sarah Edelbrock, VP David Buckingham, Eric Garcia, Dean Dianne Marquez, Cyndi Stephenson, Candace McTizic-Garcia, Amy Coombes, Deron Clark, AJ Cordova	
UNABLE TO ATTEND (EXCUSED ABSENCE):	Dereka Addis	
NOT PRESENT:		
GUESTS:		

AGENDA TOPIC:	PRESENTED BY:	
Introductions	Dean Sarah Edelbrock	
DISCUSSION	New hire & committee member, AJ Cordova. AJ introduces himself as the new Coordinator of Student Activities, shares his background, his baseball career and education at the USW. Dean Marquez introduces herself since AJ knew everyone but her.	
CONCLUSIONS	N/A	
ACTION ITEMS	PERSON(S) RESPONSIBLE	DEADLINE
1. N/A		

AGENDA TOPIC:		PRESENTED BY:	
Survey Results		Dean Sarah Edelbrock	
DISCUSSION	<p>Results were consistent with previous year results. Only difference was not as many students participated in the survey as the previous year, about 20 participants short. Reviewed bullets from survey as follows:</p> <ul style="list-style-type: none"> • Respondents knew NMJC has a drug and alcohol policy – percentage increased by a little over 1% at 96.91%. • Respondents believe NMJC is concerned about prevention of drug and alcohol use – percentage increased considerably by 5% almost 6% at 93.21%. Dean Edelbrock remarked this is in partly due to the efforts of the committee. • Respondents answered 0 to the number of alcoholic drinks consumed in a week period – increased to 95.06% - biggest change in the survey by almost 14%. • 94.38% of respondents answered no to the question, “Does the social atmosphere at NMJC promote alcohol use?” – a minimal decrease by less than 1%. • 96.25% of respondents feel safe on campus - decreased by 3%. 		
CONCLUSIONS	<p>There was minimal change in the survey results except for one major positive impact that may be attributed to the committee’s efforts.</p>		
ACTION ITEMS	PERSON(S) RESPONSIBLE	DEADLINE	
1. Continue to administer the survey in the Spring.	Sarah Edelbrock	End of Spring 2025 semester.	

AGENDA TOPIC:		PRESENTED BY:	
Student Violations		Dean Sarah Edelbrock	
DISCUSSION	<p>Increase from last report. The last report came during COVID 19 when there were more restrictions on housing students.</p> <ul style="list-style-type: none"> • 2022 – 2023: 28 alcohol violations and 2 drug violations, this is a decrease in drug violations from 2020 – 2021 by 75%. • 2023 – 2024 an increase of 36 alcohol violations and 2 drug violations compared to 20 alcohol violations in 2021 -2022 (still COVID 19 restrictions), but compared to 2018-2019 and 2019-2020, a huge decrease by over 50%. • 2018 -2019 had 61 alcohol violations and 4 drug violations • 2019-2020 had 77 alcohol violations and 4 drug violations <p>Dean Edelbrock mentioned that last report the committee was worried that we would see an uptick in drug usage because of the legalization of marijuana in the state of NM in April of 2022. Drug violations decreased to just 2.</p> <p>Eric Garcia stated that October seems to be the month to produce more violations. Kudos was given to Deron Clark and his staff from Dean Edelbrock for building the</p>		

	<p>team they want in athletics which is a big factor in stopping drug/alcohol abuse and there was maybe 1 repeat offender. Coaches are a major influence and we need their buy-in.</p> <p>Deron Clark reviewed policy for athletes for violations. If a student violates the drug and alcohol standards for a 2nd time in the same academic year, he/she will be dismissed form athletics. That is, it. It does not affect their student enrollment or housing.</p> <p>Deron Clark said that Fall is the least active time of year for athletics. October is the month we all need to be on alert and get coaches to re-emphasize at end of practices.</p> <p>Dean Edelbrock mentioned Red Ribbon Week in October. An entire week of emphasis on prevention.</p>	
CONCLUSIONS	<p>Although there was an uptick in alcohol violations from the previous report it was determined COVID 19 restrictions were a major reason for such a decrease in the 2020-2022 report. Looking back to the 2018-2020 report there is a huge decrease in alcohol and drug violations. It was concluded that we need to keep up with all our efforts on prevention.</p>	
ACTION ITEMS	PERSON(S) RESPONSIBLE	DEADLINE
1. Emphasis in the month of October	Deron Clark, Coaches, & Student Life staff.	November

AGENDA TOPIC:	PRESENTED BY:	
Programming Activities	AJ Cordova	
DISCUSSION	<p>AJ provided a handout, see attached, listing Drug and Alcohol Awareness activities from last year. Discussed the successes of the listed activities and plans to repeat activities this year with more focus on the effects of drugs and alcohol. Also, focusing on Red Ribbon Week in October (most troublesome month for violations) and getting students involved to bring awareness to staying out of trouble prior to the start of their athletic season.</p> <p>Deron Clark added we need to promote and advocate these events earlier.</p> <p>In past, NMJC brought "Arrive Alive" and Lea County DWI Program. This ended with COVID 19. Dean Edelbrock suggested bringing these programs back. Deron Clark suggested bringing them prior to Red Ribbon Week to promote awareness.</p>	
CONCLUSIONS	<p>Student Activities has the primary role to sponsor programming events for the entire campus, but everyone needs to support them and encourage our students to attend.</p>	
ACTION ITEMS	PERSON(S) RESPONSIBLE	DEADLINE
1. Continue prevention programming.	AJ Cordova	N/A

AGENDA TOPIC:		PRESENTED BY:	
2020 – 2022 Strategies / Goals		Dean Sarah Edelbrock	
DISCUSSION	<p>Dean Edelbrock went over previous goals/strategies:</p> <ol style="list-style-type: none"> 1. Administering the drug and alcohol climate surveys in Spring – completed 2. Increase the number of student and employee educational and prevention activities on campus – completed and raised the quality of programming because of all the limitations with COVID 19 had in previous years. 3. Add employee resources to the human resources website and from the behavioral health services resources for employees. – Completed per Amy Coombes has been added to the employee handbook and added to the DFSCA page. 		
CONCLUSIONS	<p>All goals/strategies were completed. Plus, during the Spring semester, the committee met with RHA to gather information. From that meeting RHA did a door-to-door peer mentoring campaign to increase awareness in Housing. See attached postcard.</p>		
ACTION ITEMS	PERSON(S) RESPONSIBLE	DEADLINE	
1. AJ Cordova to get in contact with these outside programs. Ciera Rojo or Dereka Addis may have contact info for Arrive Alive and the Lea County DWI Program.	AJ Cordova	N/A	

AGENDA TOPIC:		PRESENTED BY:	
New Strategies / Goals		Sarah Edelbrock	
DISCUSSION	<p>Dean Edelbrock presented New Goals/Strategies for 2024 - 2026:</p> <ol style="list-style-type: none"> 1. Bring outside presenters in like the Arrive Alive, Lea County DWI program and the simulator. 2. Use RHA/SGA and other clubs to talk to students and provide peer mentoring. This was a successful campaign this past year. 3. AJ Cordova’s suggestion, Housing, Athletics, and Student Activities should be working together. Make big events mandatory for students to attend to ensure the message gets out and have a better turnout. <p>Dean Edelbrock asked for a motion to accept goals. A motion to accept goals was asked by Deron Clark and seconded by Eric Garcia. The committee all agreed.</p>		
CONCLUSIONS	<p>Dean Sarah Edelbrock will type the new goals up officially and send out via email for approval from the committee.</p>		
ACTION ITEMS	PERSON(S) RESPONSIBLE	DEADLINE	
1. Deron Clark to share goal #3 with the coaches independently.	Deron Clark	September15, 2024	

1. Dean Sarah Edelbrock will send out new goals for committee's approval.	Sarah Edelbrock	August 16, 2024
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AGENDA TOPIC:		PRESENTED BY:	
Other Discussion Items		Deron Clark	
DISCUSSION	<p>Dean Edelbrock stated that she will be working on the next Biennial Report and will be sending it out via email for approval.</p> <p>Deron Clark requested that Eric Garcia and his team in housing keep an eye out for students that may show signs of issues or concern. Asked that they share with the coaches and Athletics if they see something that can be prevented.</p> <p>Amy Coombes mentioned the Mental Health Training led by Cyndi Stephenson. It is a great training for employees. They were offered in February and April 2024. One is planned for September.</p> <p>VP David Buckingham added that it was great discussion today and that the committee's work is very important.</p>		
CONCLUSIONS	<p>Housing staff as normal will be looking and will report anything out of the normal. Cyndi Stephenson will keep doing training.</p>		
Action items	Person(s) responsible	Deadline	
1. Deron Clark to share goal #3 with the coaches independently.	Deron Clark	September 15, 2024	

AGENDA TOPIC:		PRESENTED BY:	
Adjourn		Dean Sarah Edelbrock	
DISCUSSION	<p>A call for adjournment was asked by Dean Edelbrock. Eric Garcia made a motion to adjourn and it was seconded by Deron Clark. Meeting Adjourned at 10:45 AM</p>		
CONCLUSIONS	N/A		
ACTION ITEMS	PERSON(S) RESPONSIBLE	DEADLINE	
1. N/A			