

What Can You Do About Sexual Violence?

New Mexico Junior College is committed to maintaining a positive learning, working and living environment and will not tolerate acts of sexual harassment or sexual violence or related retaliation against or by any employee or student. When sexual harassment or sexual violence has occurred and is brought to the attention of a Title IX official, NMJC will take steps to end the harassment or violence, prevent its re-occurrence and address its effects.

NMJC Policy: [StudentHandbook2020-21.pdf \(nmjc.edu\)](#) pg. 69 of the Student Handbook.

[NMJC Title IX Booklet](#)

Prevention

College is a space for personal growth, learning, and new opportunity, but it is not absent from certain dangers. You don't need to be overly concerned, but you should do your best to remain alert to your surroundings and anything that is out-of-the-ordinary.

What can I do to help protect others?

If you see or hear these things, tell someone in authority immediately:

- Harassment, threats, or bullying, online or in-person
- "Hate speech" or threats made online or in-person
- Domestic or intimate partner abuse or violence
- Comments from a student about harming self or others
- Someone acting suspiciously or carrying a weapon

Don't be a bystander! Students are often the first to become aware of problems on campus. However, due to a social phenomenon called the "bystander effect", sometimes problems are not addressed. The bystander effect happens when the presence of others (being in a group) discourages an individual from intervening in a situation in which there is an emergency. Researchers Bibb Latane and John Darley argued that it is the result of the belief that someone else will act so I don't need to, that is compounded by social influence (the fact that our behaviors are influenced by those around us).

What can I do to help protect myself?

- Stay alert – Don't wear earbuds or headphones while walking! You may not hear someone behind you.
- Walk in high-traffic, well-lit areas at night.
- Request an escort when feeling unsafe.
- Keep your car and dorm apartments and windows closed and locked.
- Don't let strangers into housing facilities and do not prop doors.
- Don't lend out your ID.
- Take self-defense classes.
- In the event of a crisis, don't panic. Run if possible, hide if you can't run, and fight if you can't hide.

Reduce your risk: most sexual assaults involve people who know each other – and are using alcohol and/or other drugs. Staying sober is your best defense against sexual assault.

On-campus resources:

- Public Safety 24-hour Line (575)399-2033
- Title IX Coordinator (575)492-2761
- Housing 24-hour on-call line (575)399-4681 • Counseling (575)492-2577
- Financial Aid (575) 492-2561
- Veteran’s and international students (575) 392-5112

Off-campus resources:

- Police/Emergency – 911
- Guidance Center of Lea County (575)393-3168 • ARISE 24/7 Crisis Hotline (575)226-7263
- RAINN 24/7 Get Help Line (800)656-4673

State/National Resources

[New Mexico Legal Aid](#)

[You’re Not Alone](#)

[Crime Victim’s Institute](#)

[National Hopeline Network \(Suicide\)](#)

[National Suicide Prevention Lifeline](#)

[Veterans Crisis Line](#)

[National Domestic Violence Hotline](#)

[National Sexual Violence Resource Center](#)

[RAINN – Rape Abuse and Incest National Network](#)

[Office of Violence Against Women](#)